

# May

## Menu



### WEEK 1

6 MON	7 TUE	8 WED	9 THU	10 FRI
CARROT & HONEY SOUP	LENTIL SOUP MINCED	CAULIFLOWER SOUP		
PASTA WITH TOMATOES, CUCUMBER, FETA & PESTO SAUCE	MEAT/VEGGIE STEW, POTATOES AND VEGETABLES	SANDWICHES WITH VARIOUS FILLINGS	HOLIDAY	HOLIDAY
FRUIT/YOGHURT	FRUIT/DESSERT	FRUIT		

### WEEK 2

13	14	15	16	17
COURGETTE SOUP	PEA SOUP	ONION SOUP	BROCCOLI & CREAM CHEESE SOUP	TOMATO SOUP
PASTA WITH TOMATO SAUCE	ROAST CHICKEN /VEGGIE STEW, POTATOES & VEGETABLES	SANDWICHES WITH VARIOUS FILLINGS	CHILLI CON CARNE/ VEGGIE CHILLI	HOTDOGS/VEGGIE SALAD OR COLESLAW
FRUIT/DESSERT	FRUIT/DESSERT	FRUIT	SERVED WITH RICE	FRUIT/DESSERT

### WEEK 3

20	21	22	23	24
	VEGETABLE SOUP	CAULIFLOWER SOUP	COURGETTE SOUP	CARROT SOUP
HOLIDAY	MACARONI CHEESE	SANDWICHES WITH VARIOUS FILLINGS	SWEET AND SOUR CHICKEN /	FISH/VEGGIE BURGER
	FRUIT/DESSERT	FRUIT	VEGETARIAN SWEET & SOUR SERVED WITH RICE	DUCHESS POTATOES & VEGETABLES

### WEEK 4

27	28	29	30	31
VEGETABLE SOUP	TOMATO SOUP	SALAD	CAULIFLOWER CHEESE SOUP	CURRY SWEET POTATO SOUP
PASTA IN TOMATO & SAVOURY RICE WITH RED PEPPER SAUCE	OR WITHOUT HAM	LOWER SCHOOL SANDWICHES WITH VARIOUS FILLINGS	SHEPARD PIE, VEGGIE PIE & VEGETABLES	LOWER SCHOOL: PASTA BAKE
FRUIT / DESSERT	FRUIT/DESSERT	PREP SCHOOL WRAPS WITH VARIOUS FILLINGS	FRUIT/DESSERT	PREP SCHOOL:POKE BOWLS

★Note: Subject to change★